

Food, Fashion & Beauty Style Guide

June Ambrose, celebrity stylist and author of, *Effortless Style: Make Looking Good Look Easy*, shares her top picks for the season.

“As a stylist, I’m always on the lookout for what’s new in the areas of fashion, food and beauty. I invite you to be bold and adventurous this season by using this style guide to debut a fabulous new you!”



food

June's Words of Wisdom

McDonald's® Southwest Salad is my top pick when I'm looking for a tasty, convenient and filling meal for lunch or dinner.

Leave it to them to introduce a designer salad minus the designer price tag.

Love of Layering

This salad takes layering to new heights with a mixture of zesty ingredients – think oven-roasted tomatoes, fire-roasted corn, poblano peppers and cilantro-lime glazed chicken on a bed of up to 15 premium greens.

Bold is Beautiful

This vibrant new salad puts a splash of color back into your lunchtime meal. McDonald's Southwest Salad has a lively array of fresh vegetables and greens and topped off with a spritz of fresh lime.

Return to Authenticity

McDonald's Southwest Salad is reminiscent of traditional southwest cooking – a longtime favorite of mine.

It's served with tasty, chili-lime flavored tortilla strips and Newman's Own® All-Natural Southwest dressing to pack an extra punch of flavor.

fashion

Say good-bye to shrinking violets, put those black clothes on hiatus and try on something new this season.

Be adventurous with your accessories. By layering jewelry you can alter an outfit from cool and edgy to flirty and playful.

- Necklaces are a must-have this season. Incorporate a variety of lengths and textures to add dimension to your outfit
- Pair gold and silver bangles to enhance your summer glow
- Also hot on the radar are gold cuffs – the bigger, the bolder, the better

Look for bright, bold colors that truly wake up your wardrobe.

- Belts in bold colors can easily dress up a black or white tee
- Exciting jewelry in bold patterns or bright colors can add to your overall look
- Embrace exciting prints to add a bit of flare to a simple tank or shoe
- Metallic ballet flats are a great alternative to a plain shoe and can add the final pop to an outfit

This season heralds the introduction of the “unskinny” pant. After a long winter of squeezing into fitted, skinny jeans and high boots many will be happy to hear about this casual new look. Keep your eye out for:

- Roomy but still flattering pants
- Match the pant with a structured top
- Complete this fresh and easy look with a simple flat sandal

beauty

Whether you're the girl next door or a drama queen this season's trends have something for everyone.

Achieve a beautiful summer look by layering neutral base powders with simmering bronzes.

- Choose a light, sheer powder to create a uniform, matte tone across your entire face
- Add that sun-kissed glow with sheer bronzer
- Highlight those cheekbones with a fun pink blush
- Finish your look with a swipe of pink gloss and a light black mascara

If the eyes are the gateway to the soul, then this season's dramatic, smoky look will inspire you to unleash your inner diva.

- Eye shadows in chocolate and bronze hues are essential to creating a smoldering look
- Powdered liners in charcoal and black draw attention to the eye and a dramatic effect
- Finish the look with a powder blush in a soft orange or a muted peach tone, a lip color in rustic pink and neutral matte face

Show off your naturally beautiful self and achieve a fresh and feminine look by adding a touch of color on the lips. This season's sweetest shades include:

- Nude lip color topped with a dab of clear gloss
- Deepen the eyes with a light taupe shade
- Finish the look by adding a peachy, gold blush to a neutral skin tone