



**Dr. Paul Gately**  
**Carnegie Professor of Exercise and Obesity,**  
**Leeds Metropolitan University, United Kingdom and**  
**McDonald's Global Advisory Council Member**

Dr. Paul Gately joined the Leeds Metropolitan University's School of Leisure and Sports Studies in 1996 and continues to make a contribution to the teaching of physiology in the School. Dr. Gately was responsible for the establishment of the Carnegie International Weight Loss Camp, and earned his doctorate in 2002. In 2004, he was named a Carnegie Professor of Exercise and Obesity.

Dr. Gately's research interests include the effects of exercise, diet and behavior modification on overweight and obese children and adults. This research has enabled him to set up and develop a collaborative project with Leeds University and Leeds General Infirmary for the running of the Carnegie International Weight Loss Camp – an international residential summer weight loss program for children. This highly successful project is unique in the United Kingdom and is currently in its sixth year of operation.

He is a member of the Global Advisory Council on Balanced, Active Lifestyles, which is comprised of independent experts in the areas of nutrition, public health and fitness. Since its inception in May 2003, the Council has provided input and guidance to McDonald's on the company's three Balanced, Active Lifestyles focus areas: offering additional menu choices, promoting physical activity, and providing accessible nutrition information.