



**Cathy Kapica, PhD, RD
Global Director, Nutrition
McDonald's Corporation**

Dr. Cathy Kapica leads the nutrition effort for McDonald's worldwide. She works closely with a multidisciplinary team, including menu management, product development, supply chain and communications, to promote balanced, active lifestyles in the 118 countries where McDonald's restaurants serve over 50 million customers everyday. As a registered dietitian with a doctorate in public health, she has had a distinguished career in nutrition and health promotion.

Prior to joining McDonald's, Dr. Kapica served as senior scientist and director of nutrition education at the Quaker Oats Company where she educated consumers, health organizations and the media on the health benefits of oats. Her academic career includes prior faculty appointments at Finch University of Health Sciences/The Chicago Medical School and the University of Pittsburgh School of Dental Medicine.

Dr. Kapica is a former spokesperson for the American Dietetic Association. She is a member of the American Dietetic Association, the American Heart Association, the American Association of Family and Consumer Sciences, the American College of Nutrition, the Institute of Food Technologists and the Society for Nutrition Education.

Dr. Kapica is a graduate of Loyola University, Rush University and the University of Illinois, all in Chicago.